

Hurricane Florence Resources for Parents FAQ

How can I talk to my child about the hurricane?

It's very important to keep open communication with your child. Talking to your child gives them an opportunity to express their anxieties and fears. Below is the link to the Disaster Resource Center at the National Academy of Child and Adolescent Psychiatry.

https://www.aacap.org/AACAP/Families_and_Youth/Resource_Centers/Disaster_Resource_Center/Home.aspx

My family has been displaced by the hurricane. What should I do about school?

Families displaced by the hurricane can receive services under McKinney-Vento. Information can be found below.

https://nche.ed.gov/downloads/dis_hb/parents.pdf

To inquire about McKinney-Vento Services please talk to your school counselor or School social worker. You may also contact the NHCS Coordinator.

NHCS McKinney-Vento Coordinator:

Rebecca McSwain

Rebecca.mcswain@nhcs.net

910-251-2947

My child seems different after the hurricane. How can I get them help?

It is not uncommon for children to be affected by natural disasters. Our schools are equipped to help you. Please contact your school counselor or social worker if you feel your child is in need of services. Most schools also have mental health counseling available during school through our community partners. Your child's school can help you access those services.

In addition, you may contact Trillium Health Resources. Their link and phone number is listed below.

<http://www.trilliumhealthresources.org/>

1-877-685-2415

What if I need help?

Practicing self-care is very important for the health of you and your child. Natural disasters disrupt routines, living situations, and finances. If you need mental health assistance the link and phone number below will connect you to Trillium Health Resources who can help you.

<http://www.trilliumhealthresources.org/>

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